

<b>W E E K  O N E</b>	<b>Fresher+ AW 2018-2019</b>	<b>MONDAY</b>		<b>MEAT FREE TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>		<b>FRIDAY FAVOURITES</b>	
	<b>Choice 1</b>	Pork Meat Balls in a Rich Tomato Sauce	Baby New Potatoes & Fine Green Beans	Veggie Brunch with Vegetarian Sausage & Free Range Omelette (v)	Hash Brown & Baked Beans	Roast Pork with Sage & Onion Stuffing & Gravy	Creamy Mashed Potatoes Baton Carrots & Broccoli Florets	Chicken & Vegetable Tikka Curry	Mixed Rice & Naan Bread	Crispy Battered Fillet of Fish	Oven Baked Chunky Chips & Garden or Mushy Peas
	<b>Choice 2</b>	Homemade Cheese & Tomato Pizza (v)	Oven Baked Potato Wedges & Mini Corn on the Cob	Jumbo Fish Finger Crunchy Salad & Mayonnaise Tortilla Wrap	Crispy Diced Potatoes & Garden Peas	Organic Pasta in a Neapolitan Sauce (v)	Home Baked Garlic Dough Balls & Crunchy Side Salad	Homemade Cheese & Tomato Pizza (v)	Oven Baked Potato Wedges & Mini Corn on the Cob	Homemade Cheddar Cheese Pastry Whirl (v)	Oven Baked Chunky Chips & Baked Beans
	<b>Choice 3</b>	Baked Jacket Potato with Tuna Mayonnaise	Sweetcorn & Crunchy Side Salad	Baked Jacket Potato with Cheddar Cheese (v)	Baked Beans & Crunchy Side Salad	Baked Jacket Potato with Tuna Mayonnaise	Sweetcorn & Crunchy Side Salad	Baked Jacket Potato with Baked Beans (v)	Mini Corn on the Cob & Crunchy Side Salad	Lancashire Beef Burger in a Soft Bun with Tomato Ketchup	Oven Baked Chunky Chips & Garden Peas
	<b>Dessert</b>	Chocolate Mandarin Sponge & Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Cook's Choice of Cookie & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Cheese & Crackers with Apple Wedges	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Lemon Sponge & Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Shortbread Biscuit & Chocolate Milkshake	Fresh Fruit Bar Fruit Yoghurt Cool Milk
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	<b>Choice 1</b>	Pork Sausages & Onion Gravy	Creamy Mashed Potatoes & Garden Peas	Homemade Sweet Potato & Chick Pea Curry	Mixed Rice & Naan Bread	Roast Chicken with Sage & Onion Stuffing & Gravy	Roasted Potatoes Baton Carrots & Winter Cabbage	Homemade Mince Beef Hot-Pot with a Baked Sliced Potato Topping	Broccoli Florets & Sliced Beetroot	Crispy Tempura Battered Fish Goujons	Oven Baked Chunky Chips & Garden or Mushy Peas
	<b>Choice 2</b>	Organic Pasta in a Tomato & Mascarpone Sauce (v)	Home Baked Garlic Dough Balls & Crunchy Side Salad	Homemade Cheese & Tomato Pizza (v)	Oven Baked Potato Wedges & Mini Corn on the Cob	Quorn Meatball & Vegetable Casserole with Herby Dumplings (v)	Winter Cabbage & Homemade Crusty Bread	Homemade Cheese & Tomato Pizza (v)	Crispy Diced Potatoes & Mini Corn on the Cob	Homemade Cheese, Onion & Potato Pie (v)	Garden Peas & Sliced Beetroot
	<b>Choice 3</b>	Baked Jacket Potato with Cheddar Cheese (v)	Baked Beans & Crunchy Side Salad	Baked Jacket Potato with Tuna Mayonnaise	Sweetcorn & Crunchy Side Salad	Baked Jacket Potato with Cheddar Cheese (v)	Baked Beans & Crunchy Side Salad	Baked Jacket Potato with Tuna & Mayonnaise	Sweetcorn & Crunchy Side Salad	BBQ Chicken Fillet in a Soft Bun with Mayonnaise	Oven Baked Chunky Chips & Mini Corn on the Cob
	<b>Dessert</b>	Toffee Apple Crumble & Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Cook's Choice of Muffin & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Homemade Raspberry Bun	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Vanilla Sponge & Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Chocolate Ice Cream Roll & Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk
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	<b>Choice 1</b>	Crispy Chicken Goujon & Crunchy Salad Tortilla Wrap	Oven Baked Potato Wedges & Mini Corn on the Cob	Crispy Bubble Coated Salmon Fillet	Baby New Potatoes & Seasonal Vegetables	Roast Beef with Yorkshire Pudding & Gravy	Creamy Mashed Potatoes Carrot Batons & Broccoli Florets	Homemade Chicken & Seasonal Vegetable Pie	Crispy Diced Potatoes Fine Green Beans & Garden Peas	Golden Crumb Breaded Omega 3 Fish Fingers	Oven Baked Chunky Chips & Garden or Mushy Peas
	<b>Choice 2</b>	Free Range Omelette with Cheese & Tomato (v)	Oven Baked Potato Wedges & Baked Beans	Homemade Cheese & Tomato Pizza (v)	Crispy Diced Potatoes & Mini Corn on the Cob	Organic Pasta in a Sweet Pepper & Tomato Sauce (v)	Home Baked Garlic Dough Balls & Crunchy Side Salad	Homemade Vegetable Balti Curry (v)	Mixed Rice & Naan Bread	Lancashire Pork Sausage in a Finger Roll with Tomato Ketchup	Oven Baked Chunky Chips & Baked Beans
	<b>Choice 3</b>	Baked Jacket Potato with Tuna Mayonnaise	Sweetcorn & Crunchy Side Salad	Baked Jacket Potato with Baked Beans (v)	Mini Corn on the Cob & Crunchy Side Salad	Hot Cheddar Cheese & Tomato Panini (v)	Tortilla Chips & Crunchy Side Salad	Baked Jacket Potato with Tuna Mayonnaise	Sweetcorn & Crunchy Side Salad	Baked Jacket Potato with Cheddar Cheese (v)	Baked Beans & Crunchy Side Salad
	<b>Dessert</b>	Creamy Rice Pudding	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Jam Sponge & Custard	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Cook's Choice of Cookie & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Gluten Free Lemon Muffin	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Ice Cream Tub & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk